

# Carhartt Shirts Sizing Chart

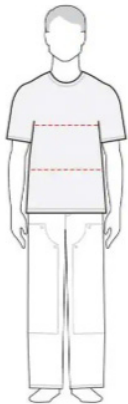
## Size Chart

|        | CHEST   | WAIST   | HIP (SEAT) |
|--------|---------|---------|------------|
| SMALL  | 34 - 36 | 28 - 30 | 34 - 36    |
| MEDIUM | 38 - 40 | 32 - 34 | 38 - 40    |
| LARGE  | 42 - 44 | 36 - 38 | 42 - 44    |
| XL     | 46 - 48 | 40 - 42 | 46 - 48    |
| 2XL    | 50 - 52 | 44 - 46 | 50 - 52    |
| 3XL    | 54 - 56 | 48 - 50 | 54 - 56    |
| 4XL    | 58 - 60 | 52 - 54 | 58 - 60    |
| 5XL    | 62 - 64 | 56 - 58 | 62 - 64    |
| 6XL    | 66 - 68 | 60 - 62 | 66 - 68    |

**Note:** If your measurement falls between sizes, buy the larger size.  
Units are expressed in inches and reflect general body dimensions. Measurements are approximate.

## How to Measure

**Note:** For best results measure over your undergarments. Use a cloth measuring tape.



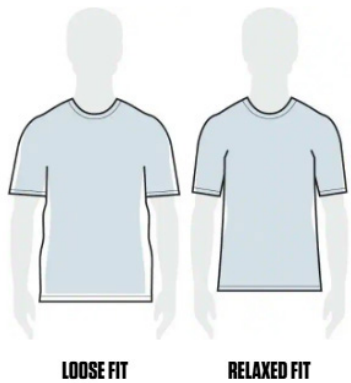
### Chest:

Measure just under arms and across shoulder blades holding the tape firm and level. If your chest falls between sizes, order the next size up.

### Natural Waist:

Bend side to side and find the natural bend in your body; this is your natural waist. **Note:** It may not be the smallest point.

## Men's Shirts & Sweatshirts



### Loose Fit

These t-shirts are cut larger with a roomier fit in the chest and shoulders.

### Relaxed Fit

A closer fit to the body

### Differences between Regular & Tall Sizing:

- Tall sizes are 2" longer than Regular sizes
- Tall long-sleeve lengths are 2" longer than Regular sleeve lengths
- Tall short-sleeve lengths are 1/2" longer than Regular sleeve lengths